

## TBI CLUBHOUSE CELEBRATES GRAND OPENING

Join us for the grand opening of the TBI Clubhouse on Thursday, March 18, from 4pm -7 pm. The Clubhouse is located on the first floor of PROVAIL (12550 Aurora Ave. N) and is open Monday-Friday, 9am-3pm.

A TBI Clubhouse is a community center for people living with the effects of a traumatic brain injury. The Clubhouse focuses on abilities rather than disabilities, and capitalizes on these abilities for the combined good of all members. There are no "patients" in the Clubhouse. Members work together to support each other in the pursuit of personal goals. In the process, people develop the skills, relationships, and self-esteem needed to regain control of meaningful and productive lives.

The Clubhouse is divided into four main areas: Work Ordered Day (which consists of units such as Kitchen and Business), Employment, Education, and Evening/Weekend Activities. Members choose who they want to work with and how they want to utilize the Clubhouse. Program staff is sufficient to engage the membership, yet few enough to make carrying out their responsibilities impossible without member involvement.

Currently, members are researching current political activities as they relate to state funding cuts for services for people with disabilities. A letter writing and telephone campaign to the members' legislative representatives will follow. These topics will also be presented in the Clubhouse's newsletter to be developed by members in the upcoming days.

If you are interested in receiving the newsletter or have questions, please contact the TBI Clubhouse at [clubhouse@provail.org](mailto:clubhouse@provail.org) or 206.826.1054.